Designated Donation

Designated donation is when the patient identifies individuals who will donate blood for a patient’s upcoming treatment. You may prefer to receive blood products from designated donors rather than from the general blood supply. It is important that you understand how designated donations work.

Designated Donor Screening

All designated donors must pass the same screening and testing requirements as anyone donating blood through our volunteer donor program. There is no evidence that designated donor blood is any safer than the general blood supply.

Talk with Your Physician

You should speak with your physician about the amount of blood you may need, the type of procedure planned, any previous transfusion problems you may have had (including difficulty in cross-matching, the presence of antibodies, or any transfusion reactions), and any other special needs pertinent to your medical condition.

Designated Donor Reminders

- Make certain that all prospective donors schedule an appointment with the donor center
- Remind your donor(s) that designated donations must be made at least 72 hours before they are available for transfusion. If testing difficulties arise, or if the blood is to be shipped to a non-Inova facility, the time required may be increased.

Designated Donation Centers

By Appointment Only

CentreMed Donor Center
6201 Centreville Road (Route 28)
Centreville, Virginia 20121
Fax: 703.322.1974

Dulles Donor Center
45745 Nokes Boulevard, Suite 160
Sterling, Virginia 20166
Fax: 571.434.3692

Inova Mount Vernon Hospital
2501 Parker’s Lane
Alexandria, Virginia 22306
Fax: 703.664.7622

Woodburn Donor Center
3289 Woodburn Road, Suite 010
Annandale, Virginia 22003
Fax: 703.207.7547

To schedule an appointment please call 1.866.BLOODSAVES (866.256.6372) or visit inova.org/donateblood
Donor Requirements
Designated donors must meet the same general donation requirements as our other volunteer donors. These include:
- General good health
- Minimum weight of 110 pounds
- Minimum age of 16 with parental/guardian consent. 17 without consent—no upper age limit
- Photo ID required at registration

Planning for Designated Donations
Once you and your physician have discussed designated donations, and your individual transfusion needs, you should:
1. Discuss designated donation with those individuals you wish to ask for donations, keeping in mind that potential donors must have an ABO blood type compatible with yours.
2. Review and complete the “Request Form for Designated Donors”.
3. You must verify that all of the information is correct.
4. Have your physician review and sign the request form and fax it to the appropriate donor center.
5. Supply the donor center with the names of all the designated donors you wish to have donate for you.
6. Verify that the specific donor center has the donors’ names and doctor’s order before donors arrive to donate. Donors WILL NOT be considered “designated” unless we have their names in advance. Do this by writing names on the back of the form. Alternatively, you may call the donor center to add the name(s).

Note: If the designated donor units are not used, or are not suitable for you, they will be placed into the blood inventory for general use.

Designated Donation Guidelines
Our primary concern is to assure that the blood products you receive are as safe as possible. To do this we must ask that you review the following guidelines for designated donations:
- Only prospective donors listed on the request form will be processed for donation
- Designated donors are accepted only for red blood cells
- Designated donations can only be made during the donors center’s regular hours of operation. Please note that it takes at least 72 hours to process a blood donation. Arrangements for shipping blood products to hospitals outside of Inova must be made before any designated donor units will be collected, and will increase the amount of time needed for blood availability. Acceptance is required from outside hospitals
- Only designated donations that pass all screening and testing requirements, and are compatible will be released for your transfusion needs
- Donor(s) names and results of blood testing are confidential and cannot be divulged, even to you, the patient
- In emergencies, designated donations on rare occasions may be used for a patient other than the patient designated to receive the blood
- Understand that not all donors will be acceptable. Even those with your blood type may have other blood substances that make their blood incompatible with yours, and may even be dangerous for you. Alternatively, you may have special requirements for blood that disallow some donors
- While we take every possible precaution to avoid manufacturing accidents, they can occur, rendering the unit of blood unusable

- Designated donor units drawn from blood relatives require irradiation to prevent graft versus host disease.
- We strongly recommend that husbands not donate for wives of childbearing age to avoid possible alloimmunization. Alloimmunization can result in the mother developing antibodies that can harm babies in future pregnancies.

The Community Blood Supply
Designated donation is just one of the many options offered to the community by Inova Blood Donor Services to make our program as flexible and responsive as possible.

We incorporate the most up-to-date testing and screening methods to ensure that the community blood supply is as safe as possible. Every unit of blood collected undergoes extensive testing for:
- Syphilis
- Hepatitis B
- Hepatitis C
- HTLV-I/II
- HIV 1 and 2
- West Nile Virus

Any unit found unsuitable for use is discarded, and the donor is notified. All units of blood drawn must meet the high standards of the Food and Drug Administration (FDA), AABB and Inova Blood Donor Services. The system of using properly screened volunteer donors encourages donation by healthy individuals whose only incentive is to serve their community.

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